

DECEMBER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY LUNCH FROM HOME
12/2-12/6	*Grilled Cheese Sandwich, Tomato Soup, Carrots. Celery, Cucumber w/Ranch, Apple, Milk	* Chicken Nugget Rigatoni, Green Salad, Orange Milk	* Meatball Sub w/Provolone Cheese, Tater Tots, Pineapple, Milk	Turkey Rice Casserole w/Broccoli, Green Beans, Peaches, Milk	
12/9-12/13	*Chicken Rice Soup, Carrots. Celery, Cucumber w/Ranch, Apple, Milk	*Cheese Bagel Pizza. Caesar Salad, Orange Milk	*Turkey Enchiladas, Coleslaw, Pineapple, Milk	*Beef Stroganoff, Green Beans, Peaches, Milk	
12/16- 12/20	* Tomato Tortellini Soup, Cheese Cubes, Carrots. Celery, Cucumber w/Ranch, Apple, Milk	*Veggie Cheeseburgers, Green Salad, Orange, Milk	*Ham & Egg Fried Rice, Coleslaw, Pineapple, Milk	*Beefy Noodles, Green Beans, Peaches, Milk	
12/23- 12/27	CLOSED FOR WINTER BREAK				
AM SNACK 8:30-10:30	Banana Graham Crackers	Apple, Wheat Thins	Orange Tortilla Chips w/Salsa	Tangerine Rice Cakes	Yogurt Fruit Smoothies
PM SNACK 2-3:15pm	Orange Triscuits	Blueberries, Bagel w/Cream Cheese	Applesauce Sesame Thins	Strawberry Yogurt, Animal Crackers	Celery, Carrots, Cucumbers, Hummus, Pita Bread

*Home-made. Based on availability, whole grains or partial whole grains are used for pasta and other dishes. Whole milk served for children 1-2 years old; two years and older served unflavored 1% milk or fat free. **Lunch and snack substitutions are made for young toddlers.** Menu follows USDA standards. **Water served with all snacks.** Menu based on availability of ingredients and subject to change. Most lunch recipes can be found at <https://www.facebook.com/groups/752510054934732> *This institute is an equal opportunity provider.*