

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/6-1/10	*Tomato Tortellini Soup, Cheese Cubes, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Spaghetti w/Meat Sauce, French Garlic Bread, Caesar Salad, Orange, Milk	*Chicken Yakasoba, Green Beans, Pineapple, Milk	*Black Bean/Rice/Cheese Burrito w/Salsa, Coleslaw, Peaches, Milk	Lunch from Home
1/13-1/17	* Turkey Noodle Soup, Crackers Veggie Sticks w/Ranch, Apple Wedge, Milk	*Heavenly Chicken & Rice Casserole, Green Salad, Orange, Milk	*Creamy Beef & Bow Tie Pasta, Green Beans, Pineapple, Milk	* Chili, Cheese Cube, Tater Tots, Peaches, Milk	
1/20-1/24	CLOSED FOR MLK DAY	* Macaroni and Cheese, Green Salad, Orange, Milk	* Broccoli Cheddar Chicken and Noodle Casserole Green Beans, Pineapple, Milk	* Rice w/Turkey Gravy, Kernel Corn, Jellied Cranberries, Mixed Fruit, Milk	
1/27-1/31	*Tomato Mac Soup, Cheese Cube, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Ham/Bacon/Egg Fried Rice, Green Salad, Orange, Milk	*Chicken Enchiladas, Coleslaw, Peaches, Milk	*Turkey Tetrizzini, Green Beans, Pineapple, Milk	
AM SNACK	Banana Graham Crackers	Apple, Wheat Thins	Orange Tortilla Chips w/Salsa	Tangerine Rice Cakes	Yogurt Fruit Smoothies
PM SNACK	Orange Triscuits	Blueberries, Bagel w/Cream Cheese	Applesauce Sesame Thins	Strawberry Yogurt, Animal Crackers	Celery, Carrots, Cucumbers, Hummus, Pita Bread

*Home-made. Based on availability, whole grains or partial whole grains are used for pasta and other dishes. Whole milk served for children 1-2

years old; two years and older served unflavored 1% milk or fat free. **Lunch and snack substitutions are made for young toddlers.** Menu follows USDA standards. **Water served with all snacks.** Menu based on availability of ingredients and subject to change. Most lunch recipes can be found at <https://www.facebook.com/groups/752510054934732> This institute is an equal opportunity provider.