

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3-2/7	*Vegetable Beef Soup, Pita Bread, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Spaghetti w/Turkey Meat Sauce, French Garlic Bread, Caesar Salad, Orange, Milk	*Chicken Yakasoba, Steamed Rice, Green Beans, Pineapple, Milk	*Black Bean/Rice/Cheese Burrito w/Salsa, Coleslaw, Peaches, Mik	Lunch from Home
2/10-2/14	*Chicken Noodle Soup, Crackers, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Macho Nachos, Mexi Fries, Orange, Milk	* Fish Sliders w/Cheese, Coleslaw Pineapple, Milk	* Heavenly Chicken & Rice Casserole, Mixed Vegetables, Peaches, Milk	
2/17-2/21	CLOSED FOR PRESIDENTS DAY	* Macaroni and Cheese, Green Salad, Orange, Milk	*Pasta w/ Spinach & Parmesan, Chicken Nuggets, Green Beans, Pineapple, Milk	*Hamburger Gravy over Rice, Mixed Vegetables, Peaches, Milk	
2/24-2/28	*Tomato Mac Soup, Cheese Cube, Veggie Sticks w/Ranch, Apple Wedge, Milk	*Chicken Fetuccini Alfredo, Green Salad, Orange, Milk	*Beef Enchiladas, Coleslaw, Pineapple, Milk	* Ham/Bacon/Egg Fried Rice, Green Beans, Peaches, Milk	
AM SNACK	Banana Graham Crackers	Apple, Wheat Thins	Orange Tortilla Chips w/Salsa	Tangerine Rice Cakes	Yogurt Fruit Smoothies
PM SNACK	Orange Triscuits	Blueberries, Bagel w/Cream Cheese	Applesauce Sesame Thins	Strawberry Yogurt, Animal Crackers	Celery, Carrots, Cucumbers, Hummus, Pita Bread

*Home-made. Based on availability, whole grains or partial whole grains are used for pasta and other dishes. Whole milk served for children 1-2

years old; two years and older served unflavored 1% milk or fat free. **Lunch and snack substitutions are made for young toddlers.** Menu follows USDA standards. **Water served with all snacks.** Menu based on availability of ingredients and subject to change. Most lunch recipes can be found at <https://www.facebook.com/groups/752510054934732> *This institute is an equal opportunity provider.*