

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/3-3/7	*Vegetable Beef Soup, Pita Bread, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Spaghetti w/Turkey Meat Sauce, French Garlic Bread, Caesar Salad, Orange, Milk	*Chicken Yakasoba, Steamed Rice, Green Beans, Pineapple, Milk	*Black Bean/Rice/Cheese Burrito w/Salsa, Coleslaw, Peaches, Mik	Lunch from Home
3/10-3/14	*Turkey Noodle Soup, Crackers, Veggie Sticks w/Ranch, Apple Wedge, Milk	*Sweet & Sour Chicken, Rice, Coleslaw, Pineapple, Milk	* Ham & Cheese Sub, Green Salad, Apple Wedge, Milk	*Chili, French Fries, Orange, Milk	
3/17-3/21	*Chicken Tortellini Soup, Veggie Sticks w/Ranch, Apple Wedge, Milk	* Fish/Cheese Sliders, Green Salad, Orange, Milk	* Macaroni and Cheese, Green Beans, Pineapple, Milk	*Hamburger Gravy over Rice, Mixed Vegetables, Peaches, Milk	
3/24-3/28	*Tomato Mac Soup, Cheese Cube, Veggie Sticks w/Ranch, Apple Wedge, Milk	*Bacon/Ham Fried Rice, Green Salad, Orange, Milk	*Beef Enchiladas, Coleslaw, Pineapple, Milk	*Turkey Stroganoff, Green Beans, Peaches, Milk	
AM SNACK	Banana Graham Crackers	Apple, Wheat Thins	Orange Tortilla Chips w/Salsa	Tangerine Rice Cakes	Yogurt Fruit Smoothies
PM SNACK	Orange Triscuits	Blueberries, Bagel w/Cream Cheese	Applesauce Sesame Thins	Strawberry Yogurt, Animal Crackers	Celery, Carrots, Cucumbers, Hummus, Pita Bread

*Home-made. Based on availability, whole grains or partial whole grains are used for pasta and other dishes. Whole milk served for children 1-2 years old; two years and older served unflavored 1% milk or fat free. **Lunch and snack substitutions are made for young toddlers.** Menu follows USDA standards. **Water served with all snacks.** Menu based on availability of ingredients and subject to change. Most lunch recipes can be found at <https://www.facebook.com/groups/752510054934732> *This institute is an equal opportunity provider.*